



Signs of poor Vestibular functioning

Vestibular – seeking vestibular input

- Constantly on the move
- Rarely gets dizzy
- Spins frequently
- Climbs high (unawareness of risks)
- Loses interest when sitting still for too long
- Spins frequently
- Climbs high (unawareness of risks)
- Often fiddles, rocks or swings
- Moves rapidly
- Often impulsive



Signs of poor Vestibular functioning

Vestibular – avoiding vestibular input

- Avoids physical education and/ or playground games
- Motion sickness
- Prefers sedentary activities
- Avoids ladders, balance beams, and other situations
- when feet leave the ground